



## RD Job Description

### Registered Dietitian Nutritionist in a Wellness Practice

**Position Overview:** Thrive Ahead Co is seeking a PT→FT Registered Dietitian/Nutritionist to join our collaborative wellness practice. The Registered Dietitian Nutritionist will be responsible for providing individualized nutrition counseling as well as educational workshops as a means to support clients seeking to improve their overall health and wellness. The full-time expectation for a provider in this role is to maintain a caseload of 25 weekly clients with 30 weekly hours available for scheduling. Applicants should be local to Chicago/Bucktown as half of the work hours are expected to happen in our offices.

**About Us:** At Thrive Ahead Co., we believe that the interconnectedness of professional therapy, wellness, and community are essential for personal growth. We are a group therapy and wellness practice where you can expect an approachable community of individuals committed to helping clients achieve their potential. Our community is accessible and adaptive, so whether you're brand new, or continuing your journey, Thrive Ahead Co. offers private, professional therapy and wellness resources for healing and growth, all in one space. Our vision is to create a community where members are welcomed, accepted, whole and able to grow. We are a collaborative team of individuals who seek connection, joy and growth together as we help our clients do the same in their own lives, relationships and communities.

**Our Values:** At Thrive Ahead Co., we are committed to realizing our personal and mutual potential by embodying our values both personally and professionally. We believe in living these values and assisting our clients to do the same, promoting growth for everyone involved. Our approachable nature allows us to easily connect and empathize with everyone who comes to our space, creating a welcoming and supportive environment. We also value adaptability, taking the time to understand each client's unique needs and providing tailored resources and referrals within our network. This approach gives our clients access to a broad range of wellness resources without having to search in isolation. Finally, we approach our own lives and work with a readiness to learn and develop, embracing the challenges and difficult conversations that come with it. Our goal is to create a space where others can find that same openness within themselves and support in our community, where we are all ready to grow together.

**This position wouldn't be right for you if you're:**

- Already in your own private practice
- Someone just looking for a job to clock in and out of.
- Someone who doesn't feel passion for our mission, vision and values.
- Someone who's not a team player or prefers not to work collaboratively.
- Looking for a temporary position
- Someone who wants to own their own business in the near future. If that's you, awesome! But we're not the place for you. We dedicate a lot of time to our teams, and provide the flexibility, autonomy and space to allow each member of our team to get creative in their role. The ideal person is invested in time and energy in Thrive Ahead Co.
- Someone who doesn't like to hop in and help others get their work done - we highly value teamwork
- Disorganized or a black and white thinker
- Someone who needs direction.

**Great Position for Someone Who is:**

- Looking to transition into private practice work from a hospital or agency setting that can keep that role and slowly transition out
- Aligned with the Thrive Ahead Co mission, vision and values
- A professional who works from a non-diet, HAES approach and is inclusive in the populations they serve
- Energized by working with and collaborating with others on a team and contributing to the life and growth of our community and practice
- Gaining confidence in their niche and interested in developing their voice that would reach our ideal client
- Social justice oriented, invested in anti-racist practices and engaged in making our community a diverse, welcoming environment
- Creative, engaged in doing good work, and excited by furthering our mission to grow and help others grow personally through community wellness
- Skilled in customer service
- Able to fix problems independently
- Attentive to fixing client issues and creating client satisfaction
- Organized and detail oriented
- Able to take direct and constructive feedback and run with it

**Key Responsibilities:**

- Conduct nutrition assessments, including reviewing medical history, dietary intake, and body composition
- Develop and implement personalized nutrition plans based on clients' health goals and needs
- Educate clients on the importance of balanced nutrition and healthy lifestyle habits
- Collaborate with other healthcare professionals as needed to provide comprehensive care to clients
- Keep accurate, timely and detailed records of client progress, assessments and communication
- Stay up-to-date on the latest research and trends in nutrition and wellness
- Utilize expertise in nutritional counseling, social media content, evidence-based research and attuned customer service with our wellness community at large
- Available to hold at least 25 patient sessions per week through in-person and telehealth visits, provided such sessions are available and referred/scheduled by Thrive Ahead Co. and block out 30 hours weekly for clients to schedule - 15 hours being completed in office

**Qualifications:**

- Bachelor's degree in Nutrition or a related field
- Registered Dietitian Nutritionist (RDN) credential from the Commission on Dietetic Registration
- Active, valid IL state license to practice as a Registered Dietitian Nutritionist
- Experience and expertise in transforming a clients relationship with food and assisting clients with disordered eating habits
- Strong communication and interpersonal skills
- Commitment to and naturally able to discuss and find integration between mind, body and spirit as we serve clients with mental and nutritional health concerns

**Offerings:**

- W-2 Employment (unlike 1099 positions, we cover: employer paid payroll taxes and revenue taxes, EHR costs, phone, email, payroll, marketing, billing and claims services, rent and worker's comp costs)
- Flexible Schedule - in-person and telehealth hours scheduled by you
- Paid Administrative Time
- Paid Sick Time
- Once full-time status is in effect, clinicians qualify for health insurance

- Professional liability/malpractice insurance
- Position that offers you the opportunity to grow as a nutritional counselor in private practice, community atmosphere where wellness of our clients and ourselves are the priority
- Supervision available to those not fully licensed
- Monthly office meetings to promote professional growth and connection between providers

**Compensation: \$40-55/direct client hour, \$20-25/indirect administrative hour**

**For consideration:**

- Submit a resume to [hello@thriveahead.co](mailto:hello@thriveahead.co)
- Complete employment questionnaire on [bit.ly/thriveRD](http://bit.ly/thriveRD)
- Both need to be completed in order to be invite for an interview